

999 GUNTON WOOD - In an Emergency

STAY CALM AND SPEAK CLEARLY. FIRE, POLICE or AMBULANCE ?

LOCATION? Main gate postcode **NR32 4LF**, Map Ref **TM 542 957**,
Longitude 1° 44' 41" E, Latitude 52° 30' 1" N



Site Address : Gunton Wood, Gunton Church Lane, Gunton, Lowestoft NR32 4TA

NB the gate is usually locked, see below for key holder list.

Vehicle access to Gunton Wood is through the main gate. For details of other entrances see bottom of page.

GAS Emergency number : **0800 111 999** (National Grid)

ELECTRICITY Emergency number : **0800 783 8838** (UK Power Networks)

Non-emergency numbers : Police 101, Medical 111

If you do not have a working mobile phone, ask to use someone else's, or try a nearby house or business.

Other questions you may be asked -

Phone Number you are calling from. Your name and address.

What is the problem ? Exactly what happened ? Is anyone trapped or injured ?

How many people are involved ? Patient's age, gender, medical history ?

Details of the injury - is patient awake/conscious, breathing, any serious bleeding or chest pains ?

Is an off-road vehicle needed ? Is there somewhere the Air Ambulance could land ? (see below)

FIRST AID BOX : is kept in the left hand Tools Shed

THE NEAREST

A&E : James Paget Hospital, 01493-452452 (5.6 miles from main gate)
Lowestoft Road, Gorleston, Great Yarmouth, Norfolk, NR31 6LA

Doctor's Surgery :

01502-526666 Crestview Medical Centre, (1 mile)
141 Crestview Drive, Lowestoft, NR32 4TW


Pharmacy :

01502-585296 F P Cross Ltd, (1 mile)
Village Rise Pharmacy, Weston Road, Lowestoft, NR32 4PT

Main Gate Key Holders :

David Briggs, 65 Stubbs Wood (515944)
Andrew Bretton, 25 Sutherland Drive (513709)
John Dickerson, 71 Stubbs Wood (573188)
Colin Fitt, 72 Gunton Church Lane (588820)
Peter Smith, 2 Stimpson Close (733149)
Janet Field, Beechside, Broad View Rd (508127)

Air Ambulance : Places to land if needed (see map)

Gunton Academy Primary playing field 
Fields between Burial Park and Pleasurewood Hills
Field between Moore's Lane and Pleasurewood Hills

Gunton Wood other entrances (see map) :



2. Postcode NR32 4LF, Grid Ref TM 542 956, opp 64 Gunton Church Lane.
3. Postcode NR32 4QH, Grid Ref TM 541 956, 6-8 Murillo Drive.
4. Postcode NR32 4TA, Grid Ref TM 541 958, 67-69 Stubbs Wood.
5. Postcode NR32 4TA, Grid Ref TM 539 958, 23-25 Stubbs Wood.
6. Postcode NR32 5DZ, Grid Ref TM 540 962, Pleasurewood Hills entrance.

Pleasurewood Hills



Gunton Hall

Hill
Covert

H

H

5

Stubbs Wood

4

Burial
Park

Gas
Gov

H
Gunton Academy
Primary

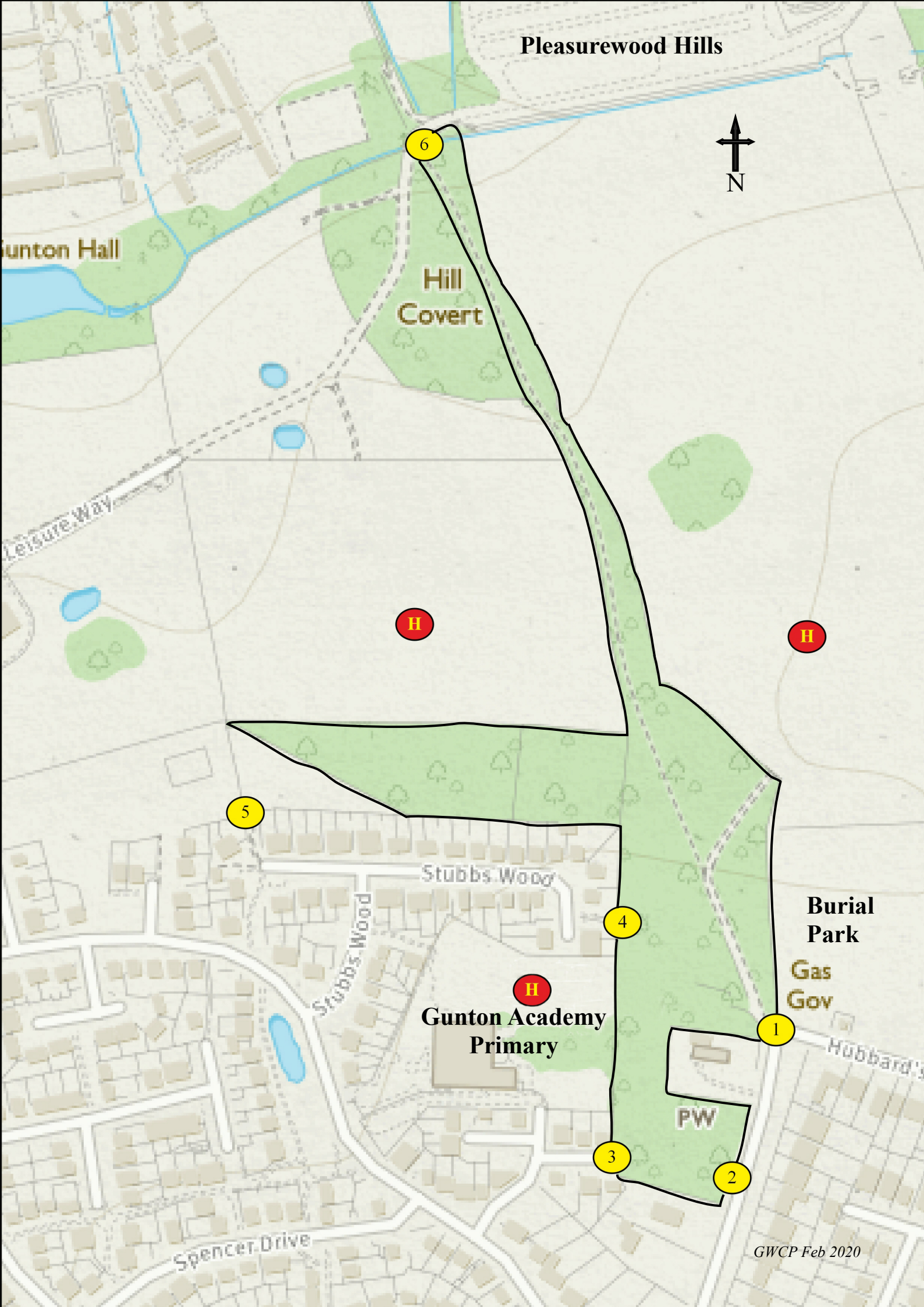
PW

1

3

2

Spencer Drive



GUNTON WOODLAND COMMUNITY PROJECT

Risk Assessment

Gunton Wood.... Timber Fencing Operations

Hazard	Risk	Level	Actions
Handling treated timber	Sprains, bruises, cuts, splinters. Skin splashed by preservative	Medium	Wear appropriate clothing, including gloves, hard hats. Apply correct lifting procedures. Use wheelbarrow to assist in transportation. Provide First-Aid kit.
Using sharp edged tools	Personal injury & Injury to others	Medium	Ensure all participants have suitable training in use of tools. Observe safe working distances, at least twice the length of arm plus tool. No under 14's to use edged tools (except loppers). No gloves to be worn when using swinging tools.
Use of post driver	Personal injury	Medium	Ensure operator has adequate strength and uses correct lifting technique. Rotate work to provide rest time for strenuous tasks. Wear safety clothing.
Underground services	Contact with cables and pipes	High	Locate and mark existing service lines. Use appropriate safety factors in avoidance.
Slips, trips and falls	Personal injury	Medium	Fence line to be kept free of obstructions. Broken skin must be washed and treated immediately.

General. All workers to be aware of *Toxocara canis* (from dog faeces), Lyme disease (from ticks), Weil's disease (from rodents), Tetanus inoculation is recommended. Tapes, warning signs and cones to be used to keep public clear of site work.

GUNTON WOODLAND COMMUNITY PROJECT

Risk Assessment

Gunton Wood.... Shrub, Tree and Vegetation Clearance, Tree Planting

Hazard	Risk	Level	Actions
Standing deadwood Dead branches	Head injury	Medium	Wear hard hats during any operation likely to disturb deadwood or branches.
Nettles, brambles	Stings, scratches	High	Wear appropriate clothing.
Mud	Slipping – injury	Medium	Use strong footwear that provides a good grip.
Dog faeces	Toxocara infection	High	Wear gloves, wash hands (use hand gel) prior to eating, follow good hygiene practice.
Using sharp edged tools	Personal injury & Injury to others	High	Ensure all participants have suitable training in use of tools. Observe safe working distances, at least twice the length of arm plus tool. No under 14's to use edged tools (except loppers). No gloves to be worn when using swinging tools.
Long handle tools	Injury to others	Medium	Ensure no-one carries tools over their shoulder.

GUNTON WOODLAND COMMUNITY PROJECT

Risk Assessment

Gunton Wood.... Chainsaw Use

Hazard	Risk	Level	Actions
Chainsaw	Cut by saw	High	User to be fully trained in use of chainsaw. Use Personal Protective Equipment.
Faulty chainsaw	Injury to user, and others	High	Do pre-start safety checks before using saw, if faulty then label it and remove spark plug. Maintain chainsaw in accordance with manufacturer's handbook.
Cut timber in work area	Tripping over	Medium	Remove cut timber from work area frequently.
Back injury	Lifting, carrying, pushing, pulling, manoeuvring heavy materials	High	Use correct lifting procedure. Replace manual labour with machinery where possible. Only move materials within the user's capability. Move lightest object to heaviest. Use any aid tools provided (timber tongs, pulp hooks etc.). Pivot loads rather than carry them. Drag roll, move end over end.
Fuel / oil spillage	Environmental damage	Medium	A "spill kit" appropriate for the site should be available in case of spilt fuel or oil. Use container with non-spill spout. Replace caps securely. Ensure "O" ring seals are in good condition.
Fuel	Overheat in sun and explode	Medium	Store in shady, cool place. Store at least 5metres away from any source of ignition.
Public or workers walking into work area	Injury to public or workers	Medium	Warnings on all foreseeable approaches to work area. Use warning signs, cones and tape. Operator to ensure public and workers observe safety zones.
Overhead power Lines	Carrying long / tall branches	Medium	Make everyone aware of OHPL, carry branches close to ground.
Hazards hidden in long grass/undergrowth	Tripping over	Medium	Check for and remove hazards before starting work.

General : Only fully trained workers to operate chainsaws. Safe working techniques as used in training must be observed. Before starting, have a plan of your intentions. Use appropriate tools and equipment. Make sure you or someone working with you has the means of contacting the emergency services. Carry a whistle. Always work with someone else within contact distance. A first aid kit including a large wound dressing, eye wash and eye dressing should be available in addition to the personal first aid kit carried by the operator. When two people are working together have a safe working zone of at least twice the timber length or 5 metres, whichever is greatest. Timber should be left in a safe, stable condition.

GUNTON WOODLAND COMMUNITY PROJECT

Risk Assessment

Gunton Wood.... Grass Cutting Mower / Strimmer / Brush Cutter

Hazard	Risk	Level	Actions
Use of strimmer, mower, brush cutter	Injury to operative and others	High	Adequate training essential. Correct PPE to be worn. First aid kit must be available. Never leave unattended. Stop if members of public approach working area.
Use of strimmer, mower, brush cutter	Flying debris	High	Check area and remove loose material before working.
Use of strimmer, mower, brush cutter	Striking hidden objects, cables etc	Medium	Visually check area for obstructions. Report cables to appropriate authority.
Fuelling machine	Fire, explosion	High	No smoking. Fuel to be kept in proper container. Use proper filling nozzle. Clean up spills.
Extended use of machine	Vibration	High	Machine to be properly maintained. Operative to be assessed for maximum trigger time and hand/body vibration, and exposure reduced as necessary with rest periods.
On-site maintenance	Injury to operative	Medium	Adequate training essential. Ensure engine is fully closed down and given time to cool. Place machine on firm, level surface.

GUNTON WOODLAND COMMUNITY PROJECT

Risk Assessment

Gunton Wood.... Ditch or Pond Working

Hazard	Risk	Level	Actions
Fall, slip or trip on entering or exiting	Sprains, bruises, cuts, etc.	High	Wear sturdy boots or wellies with good tread. Enter/exit slowly with the help of a colleague. Broken skin must be washed and treated immediately.
Infection	Infection through water borne bacteria	Medium	Ensure any broken skin is covered with waterproof plaster. Avoid water contact with face. Wear waterproof gloves and footwear. Avoid touching face with gloves.
Injured or incapacitated	Unable to attract attention	Medium	Do not work alone when working in the ditch or pond.

General. After working in the pond or ditch make sure your hands are washed thoroughly, preferably with anti-bacterial handwash, before eating or drinking.